

Crystal Bowl Meditation experiences at the Center for Spiritual Living, Central Texas

Cslctx.org 4402 Merle Dr, Austin, TX 78745 (south Austin 1 block east of Manchaca at south side of Hwy 290)
Next dates: **Wednesday, September 28, 7-8:30pm** **\$Donations**

[Facebook.com/MindTechnology](https://www.facebook.com/MindTechnology)

[Facebook.com/SpirituallyAwaken](https://www.facebook.com/SpirituallyAwaken)

Meetup site: [Align to Your Good thru Spiritual, Science, Meditation](https://www.meetup.com/Align-to-Your-Good-thru-Spiritual-Science-Meditation/)

<http://www.meetup.com/Align-to-Your-Good-thru-Spiritual-Science-Meditation/>

“Amazing! Pure joy! Sublime”

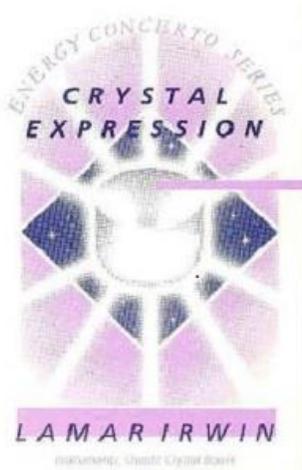
You never know what will happen at one of Lamar's intuitively-guided quartz crystal bowls meditation: healing, insights, resolution, lots of release of pains, lots of deep relaxation like never before, improved sleep.

Each one is unique. The last 4 covered:

- May, Verbal focused guided journey
- June, Energy cleansing and awakening
- July, Mostly just playing the bowls. About 10 minutes of talking out of a 55 minute session of me playing 3 bowls
- August, Journey to Find Your True Heart

On Wednesday, September 28th come "Find Your Portal for Life's Passion"

You are born with the power, the passion and a unique expression into this life. There is a Source within that leads to your life's passion. Once life's debris is moved away from blocking the door you can open it...if you dare. The world changes when you find your passion in life. Opening this portal brings with it deep life-giving energy.



Bring your worries to release them
Bring your dreams and passions to ignite them
Bring your gifts to share them
Bring your goals to inspire them
Bring your heart with wounds to heal it
Bring your expansive soul to unleash it...

And most of bring your entire BEing to Free
your self to BE Your Self.

Bring your presence to make a difference.

...As Love, Lamar

I've had trouble meditating because of pain in my body and was feeling that, but when we finished my body cracked in about 6 places and I felt lighter. Thank you! ~ Gail Maynard Gonzales

- Warmth - Radiance - Vibration ~ M.C.

Natural space of openness ~ Jerry

As I listened and breathed into my chakras I felt pain arising up and down my spine. The pain at the base of my cervical vertebra began vibrating, aching and stayed with the sounds as the waterfall released. I felt every pain leaving my spine; lengthening. The bird I emerged in came from within a lush jungle. I shot up toward the Milky Way then soaring toward poppy fields in France. I recognized that I was a macaw and that my physical being became light energy – the cloud parted and I realized that I am inviting love, passion, health, curiosity, wonder, creativity energy were surrounding me and that I am complete my beautiful family circle of friends, possibilities

and that I am totally free to adventure through many realms for the rest of my life and that my life wonderfully aligned. ~ CC

Imagined myself owning my land near the blue lake. My house is surrounded by different flowers. As I was dreaming my negative thoughts were draining

I saw my family. My present child a little older and we were at the perfect daycare. I was holding him and I was pregnant. The woman was amazing and we were surrounded in nature. My husband was there, happy and strong. I knew I had everything we needed. I was working doing what I love. I'm writing it all down cause it will come true.

PRIVATE QUARTZ CRYSTAL BOWL SOUND
HEALING SESSIONS CAUSE A DEEP STIRRING OF
ENERGIES WITHIN YOUR BODY, MIND & SPIRIT.
EXPERIENCE 1+ HOURS.
 Lamar Irwin 512-704-4604 (Phone/text)

I felt agitation at times, then a calming feeling. ~ LB

Beautiful vibrations and sounds – Images. Good breathing energy. ~ TS

Extreme openness and freedom expansion. ~ M

Felt peace, alignment, connection. ~ KB

Peaceful vibrational energy calm centered. I included so many people in my love and peace for their healing. ~ GN

I've had sacral chakra problems and hip pain from some very painful issues. Tonight I had a beautiful journey. I traveled with my spirit guide bison and saw my inner child laying covered in leaves and moss by a lovely blue river. My inner child has need some healing and I feel I have a ___ to love her nourish her, and continue a healing path for myself and others. ~ Marvela

"I felt like I was the pulsing vibrational energy. At one point I heard a tone that made my soul homesick. It was angelic"

"Feeling of overwhelming great love & joy. Healing! I believe & know I am cancer free. Held in divine power love & grace. ~ET"

"Amazing! Pure joy! Sublime"

"My hands got numb. I felt myself free. Relaxed."

"Very relaxing and loving sensations. Was good to be reminded of my angels and guides. This is the third time I have done this but only the first time I really enjoyed it."

"Eyes were tearing. Felt relaxed, very hard to do! Hands felt strange"

"Heavy. Vast energy out there. Love."

"Ocean _ raft. Elevator of light sending out in space. Stars. Ple____ beyond. Welcome home, home, home."

"Crystals then lilacs, daffodils, waterfalls, lake stars. Large angel Native American floating on giant maple leaf purity and everything"

"Both eyes teared and ran down my cheek. Not sadness, completely unconscious. Thought I heard sound from other side of room"

Achieve ~ Excel ~ Live Well

Take the steps to achieve:

- ❖ A focused life
- ❖ Rejuvenating sleep
- ❖ Energy massage
- ❖ Control to eliminate pain
- ❖ Stress relief on cue
- ❖ Manage thoughts & behavior

Take Action Now!
Immediate Results
512-704-4604
 20% discount off your first session!

Lamar L. Irwin
 Energy & Relaxation Engineer
MIND TECHNOLOGY
Empowering People for Better Living
 ThoughtCreates.com
 CuriousMindNews.com



www.CuriousMindNews.com

Curious Mind News blog

A Voice for Living an Authentic Life